

MEDIA ADVISORY

FOR IMMEDIATE RELEASE

National Action Alliance for Suicide Prevention to Hold Brief Press Call to Discuss Telehealth and Suicide Care

*Nation's public-private partnership for suicide prevention to convene panel of experts in the wake of
COVID-19*

With millions of Americans reporting mental health effects as a result of the current COVID-19 pandemic and with physical distancing orders in place across the country, it's imperative that all Americans have access to virtual services, like telehealth, to receive the mental health and suicide care they need and deserve. Research suggests that telehealth can be just as effective as face-to-face therapy and, for some patients, it is even preferable. Telehealth services can be a key prevention tool both during and in the aftermath of COVID-19.

To assist journalists in generating stories highlighting how individuals can continue to access care and the importance of prevention, the [National Action Alliance for Suicide Prevention](#) (Action Alliance) will host a national media call for reporters that will:

- connect them with some of the nation's leading subject matter experts in telehealth and suicide prevention;
- help generate story ideas that continue to promote help-seeking and resiliency; and
- provide guidance about best practices for reporting on suicide and mental health.

WHO:

- **Ms. Colleen Carr**, Director, National Action Alliance for Suicide Prevention, Education Development Center (*Moderator*)
- **Dr. Julie Goldstein Grumet**, Director, Zero Suicide Institute, Education Development Center
- **Dr. Matthew Miller**, Director for Suicide Prevention, U.S. Department of Veteran Affairs
- **Dr. Barbara Stanley**, Professor of Clinical Psychology, Columbia University and Research Scientist, New York State Psychiatric Institute

WHEN: Thursday, May 21, 2020 at 1:00 p.m. EDT

RSVP: Email Maureen Iselin (miselin@edc.org) to receive dial-in information.

For more information about reporting on suicide, visit ReportingonSuicide.org.