PROBLEM: GAPS IN CARE



A person is **300 times** more likely to die by suicide in the **first week** after discharge. (Chung et al, 2019)

Only **50%** attend an appointment in the **first 7 days.** (NCQA, 2017)

30% of patients do not attend an outpatient appointment in the **first 30 days**. (NCQA, 2017)

Youth (aged 10 -18) are more likely to die by suicide within 6 months of inpatient care, when their initial appointment was 8 days or more after discharge. (Fontanella, 2020)

SOLUTION: BRIDGE THE GAPS TO SAVE LIVES

To help close these gaps in care, the National Action Alliance for Suicide Prevention (Action Alliance) developed *Best Practices in Care Transitions for Individuals* with Suicide Risk: Inpatient Care to Outpatient Care, a roadmap to comprehensive strategies to help health systems and providers improve the discharge transition phase—and save lives.

No single strategy will solve the suicide risk problem of discharge care transitions. When comprehensive practices are linked together, lives are saved.





